



BENGALURU NORTH UNIVERSITY

Sri Devaraj Urs Extension, Tamka, Kolar – 563 103.

No: BNU/VCP/ Free Psychological Counselling & Guidance service/624/2020-21 Date: 27.04.2021

Sub: Free Psychological Counselling & Guidance service for problems related
To **COVID-19** pandemic to student & staff –reg.

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The rapid increase in COVID-19 epidemic has created distressing and disturbing situation with the health and life style of every person in the Society. Governments and other organizations are extending all possible healthcare and other protective support services to overcome the increase in COVID surge, However still the public are in great shock due to widespread of COVID pandemic cases. Realising this, **Bengaluru North University in collaboration with Mount Fort College, Bengaluru.** has taken the initiative to extend **free Psychological Counselling and Guidance service** to address issues such as the anxiety, stress etc apart from other mental health related problems due to COVID-19 pandemic among the students and staff by utilising the service of experts and Faculty in the defined fields.

The following are the details of Experts and Faculties and their contact address.

S.N	Name	Mobile	Email
01	Dr.Victor Raj	94431 95150	principal@montfortcollege.edu.in
02	Dr.Maxim Pereira	94812 44374	maxim@montfortcollege.edu.in
03	Dr.Rashmi	99002 26829	rashmi@montfortcollege.edu.in
04	Mr.Sudharshan Hebbani	99166 28323	sudharshan@montfortcollege.edu.in
05	Mrs.Sritha Sandon	99802 85644	sritha@montfortcollege.edu.in
06	Dr.Sudhamayi	70222 70876	sudhamayi@montfortcollege.edu.in

All the students and staff of colleges and university are informed to directly contact the above persons and make use of the said free service.

The Principals/ Director/ Co-ordinators of Colleges & University departments are hereby directed to bring the details to the notice of students and staff.


VICE CHANCELLOR
Bengaluru North University

To,

1. The Principals of affiliated colleges of Bengaluru North University, Tamaka Kolar, 563-103.
2. The Director, PG Centre, Bengaluru North University, Mangasandra, Kolar.

3. The Principal, University, BEd College. Cikkaballapura.
4. Co-ordinaters, PG departments of Bengaluru North University, Kolar.
5. The Principal, Mount Fourt College, Old Madras Road,Bangalore

Copy to:

1. Additional Chief Secretary to Government, Dept. of Higher Education, M.S Building, Bangalore-1
2. Private Secretary to , Hon'ble Deputy Chief Minister, Dept. of Higher Education,IT,BT&Skill Development,Vikassudha Govt of Karnataka, Bangalore-1
3. The Commissioner,Dept of Collegiate and Technical Education, Palace road, Bangalore-1.
4. Deputy Secretary, Dept. of Higher Education, M.S Building, Bangalore-1.
5. Registrar/Registrar (Eva)/ Finance Officer, Bengaluru North University, Tamaka, Kolar-563 103.
6. BNU Website In-charge person to notify in University website and to forward it to all the Principals and Co-ordinaters.
7. Office Copy.

20/10/2019